



Hamsey Green's Fab Fifty

We have put together 50 activities you can do over the Easter holiday!

Pick an activity to do each day. You could do it on your own or with the whole family.

We feel it is really important to look after yourselves at this time so remember to take care of each other, and make sure you stay safe and happy.

Outdoors

- 1) Plant some seeds or grow your own herb garden.

<https://learn.eartheasy.com/guides/gardening-with-children/>

<https://www.greatgrubclub.com/grow-it>



- 2) Organise a scavenger hunt.

<https://handsonaswegrow.com/32-ways-kids-can-go-on-scavenger-hunts/>

- 3) Become a nature detective! See what you can find in your garden. Can you find different plants, animals and other treasures?



- 4) Have an adventure and bring the great outdoors indoors.

<https://www.scouts.org.uk/the-great-indoors>

- 5) Make a birdfeeder and record the birds that use it.

- 6) Create nature art using twigs, leaves and petals that you find in the garden.

- 7) Make a time capsule from the year 2020 and bury it in your garden.

- 8) Make a jar lantern.



- 9) Decorate plant pots.





In the Kitchen

- 10) Do some blindfold taste testing with an adult — use different foods and drinks.
- 11) Bake a cake and decorate it.
- 12) Learn how to make soup.
- 13) Bake and decorate some biscuits.
- 14) Learn how to make bread.
- 15) Bake scones and put on an afternoon tea for your family.



<https://www.littlecookscs.co.uk/recipes/>

<https://www.bbcgoodfood.com/recipes/category/cakes-baking>

<https://www.bbcgoodfood.com/recipes/collection/kids-baking>

<https://www.bakingmad.com/recipes/kids-baking>

<http://www.foodnetwork.co.uk/article/baking-kids.html>

<https://www.cookingwithmykids.co.uk/easy-bread-recipe-for-kids/>

<https://www.greatgrubclub.com/cook-it>



Get Active



- 16) Learn to juggle with 3 balls at once.
- 17) Make an obstacle course (inside or outside).
- 18) Design your own indoor fitness routine. Do it for 15 minutes a day. Teach the rest of the family.
- 19) Do some yoga.

https://www.youtube.com/results?search_query=cosmic+yoga+for+kids

- 20) Hold a fashion show.

- 21) Learn a new skill.

- Can you do keepie uppies with a football?
- How many times can you hit a tennis ball without it touching the ground?
- How long can you plank for?
- How many press ups can you do?



- 22) Do a PE lesson every day at 9.00am with Joe Wicks -The Body Coach.

<https://www.thebodycoach.com/blog/pe-with-joe-1254.html>

- 23) Try some of these fabulous activities to stay healthy and fit!

<https://www.greatgrubclub.com/move-it>



Get Creative

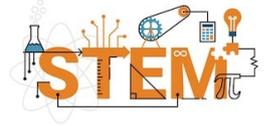


- 24) Make a musical instrument out of recycled materials. Can you start a band?
- 25) Write a thank you card to 'people who help us'. The doctors and nurses are working so hard to help us at the moment.
- 26) Write a letter/draw a picture and send it to a friend, grandparent or someone in an old people's home.
- 27) Design a new flag for your school team.
- 28) For lots of creative ideas and activities to download go to:
 - www.activityvillage.co.uk
 - <https://theimaginationtree.com/>
 - <https://www.redtedart.com>
 - <https://www.facebook.com/artfulparent/>
 - www.countrysideclassroom.org.uk/resources/658
- 29) Make a shadow puppet theatre.
- 30) Make up your own crossword or word search.
- 31) Take a virtual tour and download lots of fun activities from the Natural History Museum.
<https://www.nhm.ac.uk/schools/teaching-resources.html>
- 32) Earn a Blue Peter badge. There are 8 in total. Are you up for the challenge?
<https://www.bbc.co.uk/cbbc/joinin/about-blue-peter-badges>



VENUS
EARTH
MARS
CERES
ASTEROIDS
JUPITER
SATURN
NEPTUNE
URANUS
PLUTO
DWARF
PLANET
MOON

STEM Challenges



33) Attempt the spaghetti/toothpick structure challenge.

<https://tinkerlab.com/spaghetti-tower-marshmallow-challenge/>

34) Can you build a bridge?

<https://www.pre-kpages.com/building-bridges-engineering-activity/>

35) Make a kite; will it fly?

https://www.teachengineering.org/activities/view/ucd_kite_activity1

36) How strong is a piece of paper?

<https://creeksidelearning.com/stem-activities-for-kids-how-strong-is-a-piece-of-paper/>

37) Make boats out of different materials. Do they all float?

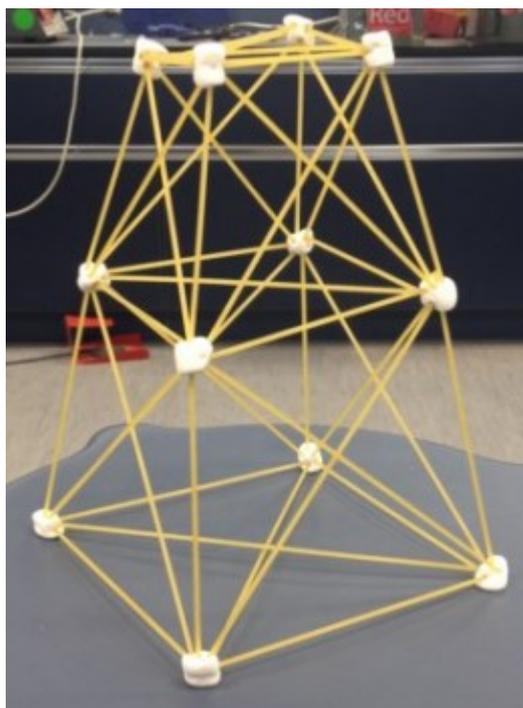
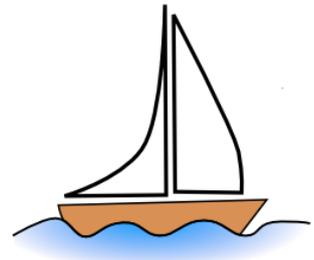
38) For online educational games visit:

<https://toytheater.com/>

39) Learn computer programming skills with these two websites:

Blockly - <https://blockly.games>

Scratch - <https://scratch.mit.edu/explore/projects/games/>





Look After Yourself—Relax!

40) Take a virtual ride at Disneyland:.

<https://www.romper.com/p/while-disney-world-disneyland-are-closed-take-your-kids-on-virtual-rides-22622893>

41) Listen to an audiobook.

<https://www.google.co.uk/amp/s/bookriot.com/2017/08/28/best-childrens-audiobooks/amp/>

42) Start an online book group with friends. You could use Zoom!

43) Keep a diary, include three things that you are grateful for everyday.

44) Practise mindfulness.

<https://www.headspace.com/meditation/kids>



45) Build a den (inside or outside).

46) Write a letter to your future self, telling yourself what you like right now. Include your favourite books, games, TV shows, food and music. Hide it away somewhere safe to find when you are older!

47) Create a lining paper 'scape'. Get some lining paper and roll it out on a big table. Draw a city and then some rolling hills. Everyone can then fill in all the details and watch the world grow!

48) If you have Netflix, create a new folder called 'school' and select which of the 150 educational Netflix shows you want to add to your folder.

<https://homeschoolhideout.com/educational-shows-on-netflix/>

49) Listen to Cbeebies Radio.

<https://www.bbc.co.uk/cbeebies/radio>

50) Watch your favourite TV programme. Produce a 3 minute presentation.

- What is it about?
- Why do you like it?
- Who is your favourite character? Why?
- What is it you like about it?

